

# Katie Helliwell - Psychic Medium

## **Family Bereavement Charities**

### **Care for the Family**

Provides support for anyone whose partner has died early in life (up to age 50, or older if there are dependent children).

<https://www.careforthefamily.org.uk/Family-life/bereavement-support/widowed-young-support>

### **Grief Encounter:**

We support bereaved children and their families to help alleviate the pain caused by the death of someone close. Our services are free, funded through the generosity of our supporters.

<https://www.griefencounter.org.uk/>

### **Winstons Wish:**

Support bereaved children and young people up to the age of 18 through a whole range of activities, including a helpline, group work, residential events and resources.

<http://www.winstonswish.org/>

### **The Bodie Hodges Foundation Memory Bags**

A charity providing memory bags containing grief resources, free of charge to families to support sibling grief. There is a memory bag for bereaved siblings aged 12 and under and one for those aged 13 and over.

[www.bodiehodgesfoundation.co.uk/](http://www.bodiehodgesfoundation.co.uk/)

### **Cruse:**

Cruse Bereavement care provides emotional support to people who have been affected by a death. Our services are free and confidential, and open to all, no matter when a death occurred.

<https://www.cruse.org.uk/>

## **The Good Grief Trust**

A charity offering help and hope in one online website. It is run by the bereaved for the bereaved. They try to guide you in the right direction for the support you need when you have been bereaved. This is offered through practical help and tips, support organisations and things to consider when you are bereaved.

<https://www.thegoodgrieftrust.org/>

## **Financial Support Charities**

Help with financial aid – mainly seems to be through benevolent funds or directed to state benefits for bereavement support

<https://www.funeralzone.co.uk/blog/10-charity-funds-help-bereaved>

## **Widowed in Need**

Small charity created by a group of widowed people with the aim of supporting widows and widowers in financial distress. Support is offered through grants.

[www.widowedinneed.co.uk](http://www.widowedinneed.co.uk)

## **Step Change:**

Providing advice and support around bereavement and debt.

<https://www.stepchange.org/debt-info/bereavement-and-debt.aspx>

