

10 Most Common Signs You Are Gifted



KATIE HELLIWELL

www.katiehelliwellpsychicmedium.com

Hey Gorgeous

Have you wondered if you have a Psychic gift? You will have no doubt felt like you are crazy at times. Convinced yourself what you have experienced was just a coincidence or your imagination.



Have a look at the top 10 most common signs you're gifted.

If you have experienced more than four on this list you have the ability to develop further...



@KatieHelliwellglobal



@katiehelliwellpsychicmedium



KatieHelliwellPsychicMedium

Thank you Katie for guiding me and helping me to continue developing my gift. Sending lots of love and light

10 Signs You Are Gifted

1 Seeing shadows out of the corner of your eyes

This can be unnerving as our first instinct is to want to know instantly who it is and what the message is. Most often the shadows are just a sign that Spirit are there to support you.

2 Sudden strong smells

If you suddenly smell smoke, perfume, flowers or a smell that simply can't be explained or smelt by others its a sign Spirit are with you.

3 The Feeling someone is watching you

This can be a weird feeling and often leaves people feeling frightened.

4 Seeing lights or orbs around you

Balls of light out of the corner of your eyes or even seeing them around others is a sign you can see angels.

5 Thinking of someone & they contact you or you bump into them

You will be channeling and tuning into human energy - this is an amazing ability

6 Ringing in your ears

Full disclaimer here I am not a medic and any problems with your ears or hearing please seek medical advice - However, ringing/buzzing in your ears is Spirit trying to get you to communicate with them - Left and right side both have different meanings.

7 Loved ones that have passed over visiting you in dreams

So wonderful to be able to see your loved ones again and this can often leave people full of emotion. Theres a difference between a dream and an actual visitation though and its important to understand which you have experienced.

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Feeling the emotions of others

Ever spoken to someone or been in their presence and you then feel utterly exhausted? Its important to protect your energy.



9

Feeling unwell & fatigued often

When we are gifted we are often walking around open and absorbing everyones emotions over time this can have a negative impact on our well being.

10

Sudden temperature changes

Feeling Spirit can often leave you freezing cold or really warm, usually when it makes no sense for the sudden temperature change.

I would love to know how many of these you have experienced? Please feel free to share in my Facebook group - Spirits & White Feathers



[Spirits and White Feathers](#)

KATIE HELLIWELL

Katie is a psychic medium with a difference, not only is her clientele list full of celebrities she has created her own psychic development courses which she calls "Psychic skool" She also works closely with female entrepreneurs using her gift to uncover where they can grow, prosper, develop, connect to Spirit to build businesses beyond their wildest dreams. Katie also provides training on how to incorporate the spiritual practices alongside strategy, this is where her clients rocket fuel and become incredibly powerful.

She has had her gift since she was a young child and has spent many years feeling fear and resentment towards her abilities. It wasn't until her early adulthood after a near death experience that she was able to fully appreciate how supportive spirit can be. It was then she joined a spiritualist church and although she felt as if she didn't fit in, she was inspired to self develop. It took over 15 years and will openly admit she worked everything out the hard way. In 2017 after years of hiding her abilities and reading for strangers privately she couldn't keep up with the requests coming through and decided to step out publicly with her gift.

She has now been featured in numerous magazines, newspapers, websites, radio stations, has built a huge global following, has celebrity clients and helped thousands of individuals with her messages from spirit.

Katie credits her success to her spirit guides that continually give her the next steps she needs to take.

She is based in Birmingham UK, is married to Mr H and together they have three daughters.

